

Eco Serendib Spa

Sooth your mind & pamper your body as you indulge in the serene sanctuary that is Eco Serendib Spa

Eco Serendib offers a variety of treatments to sooth your mind and pamper your body. Indulge in one of our signature treatments at the spa, from the privacy of your room, or under an outdoor canopy surrounded by the glorious natural vistas. Enjoy a nurturing body wrap, brightening facial or an assisted soaking bath with salt from St. John's own salt pond.

Before or after your treatment, you are encouraged to take advantage of Eco Serendib Spa's amenities including our far infrared sauna, fitness room and relaxation area complete with lounge chairs and refreshments.

If you are interested in a service or treatment not listed here, please contact us. We recommend advance notice so that we may adequately prepare for your custom-designed experience.

About Sodashi

Wholeness. Purity. Radiance. That's the meaning of the Sanskrit word, **Sodashi**, and it perfectly describes the values by which all our chemical-free skin care products and spa therapies are created - without compromise. Sodashi spa products and treatments are unparalleled in performance and purity, employing only therapeutic-grade, ethically-sourced essential oils and plant actives to heal and nurture. From seed to shelf, Sodashi remains true to its name, dramatically regenerating the skin, and imparting a sense of wellbeing to spirit and mind. Founded in 1999 by Megan Larsen, Sodashi's headquarters are located in Western Australia.

ECO SERENDIB
VILLA AND SPA



ST. JOHN

For more information or reservations,
please contact us:

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www.ecoserendib.com
facebook.com/ecoserendib

Managed by international,
award-winning Harith Productions

Featuring
luxurious, effective
and 100%
chemical-free
products from
Sodashi

*Eco Serendib
Spa*

*Revitalize.
Rediscover.
Refresh.
Renew.*



Experience tranquility and renewal beyond anything you thought possible. Eco Serendib Spa transports you to a state of mind where your day-to-day worries melt away. Select a treatment from our exclusive menu of Sodashi signature services, and one of our highly-trained therapists will skillfully bring you to a place of complete relaxation...



BODY RETREATS

Body Balance Glow

65 minutes
\$175.00

Warm, nourishing body oil is applied, followed by a Himalayan salt exfoliation. It will relieve stress & fatigue while gently stimulating the body's circulation. This balancing salt therapy treatment is completed by application of nutrient rich body lotion specifically suited to your skin type.

Vanilla Body Bliss

65 minutes
\$185.00

This highly fragrant and gentle all-over body exfoliation will soothe and calm the mind and body while revitalizing the skin. The treatment is completed by the application of Sodashi's luxurious Vanilla Body Butter, which has coconut oil and mango butter to provide long-lasting hydration.

Signature Body Massage

65 minutes
\$175.00

Combining the healing power of touch with Sodashi's unique techniques, this deeply relaxing massage uses smooth stroking movements with light to medium pressures to encourage an increase in lymphatic circulation and balance the energy meridians in the body. The synergy of Sodashi's natural plant oils and aromatic plant essences will nourish your skin and help to relieve emotional and physical tension.

Island Stones Massage

65 minutes
\$195.00

Melt away into paradise... Allow tension to be transformed into tranquility through the warmth of healing hot stones collected from St. John's own beaches. The warm stones expand blood vessels, encouraging blood flow and promoting deep relaxation.

Jjoba Body Polish

65 minutes
\$175.00

A gentle all over body exfoliation using jjoba beads rich in the aromas of Sodashi Plant Essence Synergy. This treatment removes dead skin cells, while oxygenating the skin and is suitable for the most sensitive skin. As a final touch, the skin is nourished and hydrated with a Sodashi aromatic body treatment, leaving your skin feeling silky smooth and refreshed. Safe and effective during and after pregnancy.

Soul to Sole

65 minutes
\$185.00

We begin with an aromatic steaming head wrap and application of an enriching scalp mask. The mask is massaged into the scalp to relieve tension & provide essential nutrients, leaving hair soft and shiny. Then, warm compresses and luxurious Jjoba beads exfoliate your hands before a rich cream is massaged deeply into the skin to nourish and soften. To finish, we provide total relief for aching feet and legs with Sodashi's soothing foot cream using the oils of Mint and Arnica to increase circulation and reduce swelling.

Soothing Mint Foot Therapy*

30 minutes
\$105.00

Soothe and revitalize tired, sore feet with Sodashi's invigorating Himalayan Salt polish to refresh the skin and stimulate circulation. Sodashi's Mint Foot Cream with the oils of Arnica, Lavender and Peppermint, is massaged into your feet and lower legs to provide total relaxation.

Gentle Touch Hand Therapy*

30 minutes
\$105.00

This nurturing treatment starts with warm aromatic compresses and is followed with Sodashi Jjoba Bead Exfoliation. A soothing massage will leave your hands feeling silky, smooth and soft. Sodashi's blend of alluring fragrances such as lavender, geranium and lemon make this a wonderful experience.

Scalp Treatment*

30 minutes
\$105.00

This begins with Sodashi's soothing warm and aromatic foot compresses to relax and refresh aching feet. A luxurious, moisture-rich Sodashi Scalp Mud is then massaged over the scalp to release pressure and tension. This mask treatment is left to deeply nourish the scalp and leave the hair feeling silky and looking shiny.

FACIAL RETREATS

Samadara Facial Treatments

Turn back the hands of time with our Samadara facial treatments. Incorporating Sodashi's exclusive Samadara Illuminating Age-Defying products and signature techniques, these facial retreats provide the ultimate anti-aging experience. Treatments incorporate the most powerful anti-aging defenses to transform and reawaken skin, dramatically boosting skin cell renewal to tone, firm & reduce the appearance of fine lines & wrinkles.

Samadara Illuminating Age-Defying Facial Treatment

65 minutes
\$275.00

This intensive skin transforming facial introduces a unique alchemy of the purest botanical ingredients to significantly diminish lines, reduce pigmentation and refine pores. A Rose Quartz Crystal facial massage and a sequence of timeless Ayurvedic anti-aging techniques, complemented by a brightening marine mask, leave skin looking clear, translucent, more lifted and firm.

Samadara Ultimate Age-Defying Eye Treatment

65 minutes
\$225.00

This is the ultimate treatment for the eyes. During the facial, petite Rose Quartz Crystals are used to gently massage around eyes to restore tone, remove tension and reduce fine lines. Samadara Ultimate Age-Defying Eye Crème is applied under a mineral rich eye mask, which gently warms to enhance the absorption of plant essences. Timeless Ayurvedic healing traditions are performed over eye area to complete the luxurious experience. A hydrating hand massage follows.

Traditional Sodashi Facial Treatments

Thermal Infusing Facial **90 minutes** **\$285.00**

Sodashi's exclusive Warm Infusing Mask will maximize penetration of essential vitamins and minerals into the deep layers of skin, leaving skin hydrated and toned as well as restoring elasticity and radiance. More than a facial, it is Nature's Face Lift.

Pure Radiance Facial **65 minutes** **\$195.00**

We will take your skin on a journey of total renewal. Relax as you enjoy Sodashi's aromatic warm facial compresses that soften and exfoliate, and a nurturing face mask, rich in herbal extracts to purify and hydrate the skin. This facial experience is tailored to your skin's needs and is enhanced with the Sodashi Facial Massage. The luxurious Plant Essence Synergies will leave your skin revitalized and fresh.

Purity Facial **65 minutes** **\$195.00**

Sodashi Plant Essence Synergy combines with the deep cleansing properties of Argiletz Clay to deeply cleanse. This facial assists in refining the pores and leaves the skin feeling purely refreshed, clear and balanced.

Sensitive Facial **65 minutes** **\$195.00**

Enjoy cooling mists and soothing aromatic gels which nurture the skin. Sodashi plant essences and herbal extracts will strengthen the capillaries and desensitize your skin, leaving it feeling revived with a calm, even complexion.

Man Maintenance Facial **65 minutes** **\$185.00**

Begin with a relaxing Sodashi Himalayan salt therapy back massage that will ease stress and reduce tension. Continue with a deep cleansing and exfoliating facial that balances natural oils & assists in preventing ingrown hairs. Sodashi's soothing mists with woody aromas desensitize skin and a relaxing facial massage tones and firms the muscles leaving you looking fresh & revitalized.

Facial Cleanse and Massage **65 minutes** **\$185.00**

To create complete indulgence, combine any body treatment with a Sodashi facial cleanse, facial massage, hydrating aromatic compresses, toning & hydrating lotion.

Stop & Relax Facial **30 minutes** **\$105.00**

This express facial boosts the complexion with a facial cleanse, Sodashi unique exfoliating compresses, aromatic hydrating mist and a firming gel mask. To complete treatment, a nutrient-rich moisturizer is applied, leaving skin soft, supple and hydrated.

**Treatments less than 65 minutes must be booked in conjunction with another 65 minute treatment.*

20% service charge added to all prices.

A portion of service charge is allocated to the therapist and the remainder to administration & management. For exceptional service, you may choose to offer a gratuity directly to your therapist though not required.