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THE SPA PROFESSIONAL'S CHOICE

# american spa

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## TRIBAL RETREAT

CURRENT SPA AT NORTHERN QUEST  
RESORT & CASINO (SPOKANE, WA)





An infrared sauna and a soaking tub are just some of the spa's many enticements.

## harmony with nature

Guests at the recently opened Eco Serendib Villa and Spa (St. John, U.S.V.I.) can rest easy knowing the resort, made up of eight individually designed suites, is doing what it can to reduce its carbon footprint and impact on the environment. Although not 100 percent green, the property is making a concerted effort to use conservation equipment and eco-friendly products. Spa-goers will find Sodashi products used in **Eco Serendib Spa**. It's the only spa in the Caribbean to carry the line. Other highlights include a Kohler steam shower, infrared sauna, Living Earth Crafts equipment, and a soaking tub. A meditation garden provides an ideal place to leave the world behind. "Our credo is to provide experiences that entertain, excite, educate, and provide escapism and aesthetics," says Harith Wickrema, president of Harith Productions, the property's managing agent. "We seek to redefine luxury, so that it becomes less about self-indulgence and more about self-awareness in the world we all share."—H.M.

### HONEY, BEE MINE

Wanting to create a buzz, Caneel Bay, A Rosewood Resort (St. John, U.S.V.I.) recently employed an on-property beekeeper to harvest the sweet nectar for use in its new honey-themed cuisine, cocktails, and spa treatments. Organic honey from 70 hives is now incorporated into the Bee-utiful Facial (\$145, 50 minutes); the Bee-utiful Massage (\$145, 50 minutes), which includes a honey foot wrap; and the Bee-utiful Combination (\$270, 1 hour 50 minutes), which encompasses both treatments. The treatments are offered in cabanas overlooking Hawksnest Beach. In addition to being an effective skin moisturizer, honey will always be considered a sweet treat. That's why executive chef Anthony Dawodu uses it as a prime ingredient in the Tuna Tartare with Arugula and Honey Vinaigrette and the Miso, Sake, and Honey Glazed Sea Bass. Guests can also sip on the Air Mail signature honey-laced cocktail, which features local rum, organic honey, lime juice, and a splash of Champagne. You know what they say: you catch more bees with honey. It looks like the same can now be said about enticing spa-goers.—H.M.



PHOTOGRAPHY: SHUTTERSTOCK (BEE)